



## CNA SKILLS CHECKLIST

\_\_\_\_\_  
Name (Last, First)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Employee ID#

Please indicate your level of experience (0,1,2,3)

0= Theory, no practice

1= Limited

2= confident

3=Very Confident

Provide AM care

0

1

2

3

Provide PM care

0

1

2

3

Assist patient with  
ambulation

0

1

2

3

Provide back and  
skin care

0

1

2

3

Give a bed bath

0

1

2

3

Care for bed sores

0

1

2

3

Care for Foley  
Catheter

0

1

2

3

Provide Colostomy  
Care

0

1

2

3

Apply cold  
compresses

0

1

2

3

Change non-sterile  
dressings

0

1

2

3

Administer enema

0

1

2

3

Assist with  
exercise/ROM

0

1

2

3

Provide hair care

0

1

2

3

Use correct hand  
washing technique

0

1

2

3

Calculate and record intake and output	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
Use correct isolation technique	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
Complete menu with patient	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
Provide oral hygiene	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
Provide perineal care	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
Provide post-mortem care	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
Shave patient	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
Transfer/transport patient	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
Take vital signs: TPR & BP	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>

Apply restraints

0

1

2

3

Universal precautions

0

1

2

3

Feed patients

0

1

2

3

Dispose of sharps

0

1

2

3

Use of correct side rail positions

0

1

2

3

Specimen collection  
(Urine, stool,  
sputum)

0

1

2

3

Follow fluid restrictions

0

1

2

3

Use of special mattresses

0

1

2

3

Provide Ostomy care

0

1

2

3

Administer sitz bath

0  1  2  3

Weigh patient/use of scale

0  1  2  3

Apply TED hose

0  1  2  3

Use of aqua-K pads

0  1  2  3

Complete admission paper work

0  1  2  3

Discharge a patient

0  1  2  3

Stock supplies

0  1  2  3

Clean equipment

0  1  2  3

Answer phones

0  1  2  3

Assist with care of the patient with alcoholism

0  1  2  3

Assist with care of the patient with amputation

0  1  2  3

Assist with care of the patient with arthritis

0  1  2  3

Assist with care of the blind patient

0  1  2  3

Assist with care of the patient with cancer

0  1  2  3

Assist with care of the patient with cataracts

0  1  2  3

Assist with care of the comatose patient

0  1  2  3

Assist with care of the confused/disoriented patient

0  1  2  3

Assist with care of the patient with convulsions

0  1  2  3

Assist with care of the deaf patient

0  1  2  3

Assist with care of the drug abuse patient

0  1  2  3

Assist with care of the patient with diabetes

0  1  2  3

Assist with care of the patient with fractures

0  1  2  3

Assist with care of the patient with a gastronomy

0  1  2  3

Assist with care of the geriatric patient

0  1  2  3

Assist with care of the patient with dementia

0  1  2  3

Assist with care of the patient with heart condition

0  1  2  3

Assist with care of the incontinent patient

0  1  2  3

Assist with care of the infant

0  1  2  3

Assist with care of the child

0  1  2  3

Assist with care of the patient with multiple sclerosis

0  1  2  3

Assist with care of the patient pacemaker

0  1  2  3

Assist with care of the paraplegic patient

0  1  2  3

Assist with care of the quadriplegic patient

0  1  2  3

Assist with care of the patient with Parkinson's disease

0  1  2  3

Assist with care of the retarded patient

0  1  2  3

Assist with care of the senile patient

0  1  2  3



Assist with care of the patient in shock

0

1

2

3

Assist with care of the patient with stroke

0

1

2

3

Assist with care of the terminally ill patient

0

1

2

3